

Dandy Shandy



Aim of the game: To hit the players in the middle using a ball

Set up: Two players (the pitchers) stand face to each other some 10 meters apart. All the other players stand in the middle. A small ball (soft, foam ball) is given to the pitchers..

Rules:

- The pitchers throw the ball to try to hit one of the players in the middle, who must try to avoid it by doing all kinds of gymnastic style airborne jumps and leaps to prevent the ball from hitting them. Also, ducking and side jumping the missile.
- Players that are hit are eliminated. The winner is the last player to remain in the field.
- The game gets extremely exciting as the players in the middle do these acrobatic jumps! You'll usually hear the onlookers shouting out "SALAD!" as the players in the middle leap off their feet.



Equipment and Materials: Soft, foam ball

Age:
6+

Number of players:
3+

Duration:
Infinite

Dandy Shandy



Let's Inklusivize TSG!

Teaching Style

1. Provide clear and simple instructions
2. Encourage players to communicate throughout the game
3. Safety instructions to be tailored to the environment and participants playing the game.
4. Help people with disabilities make contact and move, if needed
5. Provide enough time for players to familiarize themselves with the equipment and the game.

Equipment

1. Use a smaller/bigger ball

Rules

1. Increase/Decrease the number of pitchers

Environment

1. Make the field smaller/bigger (increase/decrease the distance between the pitchers)

