

Brown Girl in the Ring



Aim of the game: Players from a ring holding hands, apart from one of them who goes into the middle of the ring and starts skipping around to the beat of the tune.

Set up: Players from a ring holding their hands. One player goes into the middle of the ring.

Rules:

1. The elected player starts skipping around to the beat of the tune –
"There's a brown girl in the ring
cha la la la lah
There's a brown girl in the ring
cha la la la lah
There's a brown girl in the ring
cha la la la lah
She looks like a sugar in a plum -- PLUM PLUM"
2. The player starts doing his/her favorite dance during this song segment
"Show me your motion
cha la la la lah
show me your motion
cha la la lah
show me your motion
cha la la la lah
She looks like a sugar in a plum -- PLUM PLUM"
3. During this segment the player picks his/her partner/friend to join him/her to dance in the ring
4. "Show me your partner
cha la la la lah
show me your motion
cha la la lah
show me your motion
cha la la la lah
She looks like a sugar in a plum -- PLUM PLUM"



Equipment and Materials: None

Age:
10+

Number of players:
4+

Duration:
Infinite

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Let's Inclusivize TSG!

Teaching Style

1. Provide clear and simple instructions
2. Encourage players to communicate throughout the game
3. Safety instructions to be tailored to the environment and participants playing the game.
4. Help people with disabilities make contact and move, if needed

Equipment

1. Include objects to use for dances and movement patterns

Rules

1. Change the song
2. Slow down/ accelerate the speed of moving / skipping / walking / running / dancing
3. Introduce obligatory movement patterns
4. Make the circle smaller/bigger

Environment

N/A

