

Volantin



Aim of the game: Players must make passes using racquets without the Volantin touching the ground.

Set up: This game can take place in an indoor or outdoor area. Depending on the rules chosen, this game can be run over a badminton pitch, or just to keep the Volantin in the air between several players.

Basic rules:

All the players stand in a circle and they hit the “volantín” to each other. They try to hit the “volantín” as many times as possible without it falling to the floor. They count the number of times they hit it.

Other rules:

The players use the “volantín” on a court similar to that of badminton. They can't allow that the “volantín” touch the floor. If a team fails to hit the “volantín” back or if it's falling outside the field, they lose the point.

A team lose a point:

- If the “volantín” doesn't reach the other side of the court.
- If a team hits the “volantín” twice or if the “volantín” touches the floor.
- If the “volantín” lands outside the court.



Equipment and Materials: 1 small racquet per player and the Volantines : Light ball made of olive tree wood and chicken feathers like "indiacas".

Age:
6+

Number of players:
1 to 10.

Duration:
Unlimited



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Teaching Style

1. Provide clear and simple instructions
2. Balance the ability level of the team
3. Complete a walk through the playing area
4. Practice games before introducing scoring
5. Encourage players to communicate throughout the game
6. Safety instructions to be tailored to the environment and participants playing the game

Equipment

1. Brightly colored equipment can be used
2. Use a flat net or just a line instead of the net

Rules

1. Use the basic rules before starting to count the points
2. Allow players to play after a rebound
3. Increase/decrease number of players



Environment

1. Increase/decrease the playing area/distance/boundaries/zones/shape
2. Ensure the playing area has a smooth surface and is free of obstacles
3. Increase/decrease the level of the net
4. Increase/decrease the distance between the players

