

Pecsenyeforgató

(Rotating [steak] roast)



TAFISA
RECALL

Games of the Past – Sports for Today

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Aim of the game: To catch the rotator

Set up: Indoor or outdoor area (approx. 10x20 m)

Rules:

All but two players form a circle, one player facing inward (towards the center of circle), the other outward and so on (they are „the roasting steaks”). One player – the rotator – stands in the middle of the circle, another player – the catcher – stands outside of the circle. The rotator can move in and out the circle by rotating the roasts facing him by half turn holding both hands (depending which side he is positioned: inside or outside the circle). The goal for the catcher is to catch the rotator.

The rotator or the players shaping circle count how many times the steaks are rotated (up to ten). The catcher must be very quick to reach the rotator while rotating the roasts or while being outside the circle. When the rotator is caught two new players are selected. When the rotator spins ten, the catcher remains and the rotator changes with the player who was rotated last.



Equipment and Materials:
None

Age:
6 - 18

Number of players:
9 – 19

Duration:
10-25 minutes

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The Association For International Sport for All

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Teaching Style

1. Provide clear and simple instruction
2. Practice games before introducing rules
3. Encourage players to explore different ways of travelling. (E.g. hopping, crawling)
4. Safety instructions to be tailored to the environment and participants playing the game

Equipment

1. Audible equipment can be used (e.g. rotator/catchers make noise or wear bells)
2. Brightly coloured equipment can be used (e.g. A bright rope marking the circle boundary with the 'roasting steaks' standing just outside this boundary)

Rules

1. Increase the number of rotators/catchers
2. Increase/decrease the level of rotation for moving in and out of the circle.



Environment

1. Increase/decrease the size of the circle
2. Ensure the playing area has a smooth surface and is free of obstacles



Deutsche Sporthochschule Köln
German Sport University Cologne

