

# Markus & Lukas

(Marc & Luke)



**Aim of the game:** Two blindfolded players must be as effective as possible to tag or “strike” their opponent with rolled up newspapers.

**Set up:** Any indoor or outdoor space with a table and enough room for movement.

## Rules:

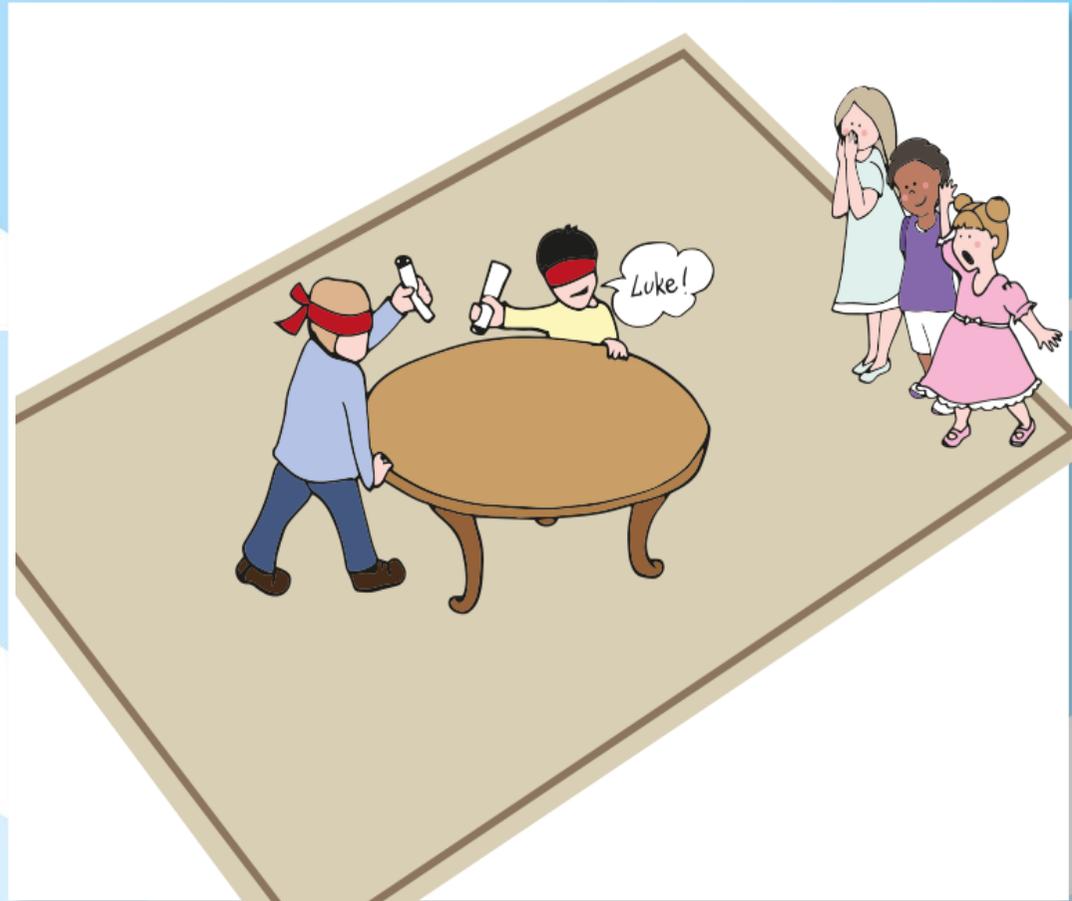
Two persons, Marc and Luke, are blindfolded and equipped with a piece of cloth or a folded newspaper.

They must now move around a table, with one hand to be kept on the edge of the table at all times.

The game is started by Marc challenging and shouting "Luke!" Now Luke can reach out and try to strike Marc. The arm must be bent in order not to hurt the opponent and only one blow is allowed. Then it is Luke's turn, who shouts "Marc!" and thereafter tries to escape or hide himself.

The two opponents can crawl under the table or up on the table as long as one hand is still holding on to the edge of the table.

The game calls for courage and is fun to watch.



**Equipment and Materials:** A table, 2 scarves (for “the blind men”) and 2 rolled up newspapers (or piece of cloth to “strike” with – not too hard)

**Age:**  
6+

**Number of players:**  
2 per fight

**Duration:**  
5 -10 min.

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## Let's Inclusivize TSG!

### Teaching Style

1. Provide clear and simple instruction
2. Allow time for participants to get used to wearing blindfolds
3. Complete a walk through the playing area
4. Safety instructions to be tailored to the environment and participants playing the game.

### Equipment

1. Use soft foam tube

### Rules

1. Players can only hide under table not on table
2. Players can move only in one direction (e.g. clockwise)
3. For wheelchair users they may have both hands off the table



### Environment

1. Use a smaller or larger table for a different area size
2. Use a vibration on the table for those with a hearing impairment
3. Ensure the indoor/outdoor playing area has a smooth surface and is free of obstacles

